

# Girls Volleyball Sign-Up Sheet

ICA Volleyball is right around the corner! If you would like to play in the upcoming season, please fill out and return this sheet to our Athletic Director, Mrs. Warren. Once we know how many players we will have, we will use the sign-up sheet info to contact players regarding practice and game times. All players will need to turn in this sign-up sheet, a completed Sports Physical, Athletic Code, and their Player Fee in order to practice. If you have any questions you can contact Mrs. Warren at [athletics@islandcity.org](mailto:athletics@islandcity.org).

**Player Fee = \$45 - Cash or Check (made out to Island City Academy)**

<b>First Name</b>	<b>Last Name</b> (For the back of your jersey)	<b>Grade</b>	<b>Jersey Size</b> (Indicate Adult or Youth also please)	<b>Phone Number</b> (For contact or setting up group messages)	<b>Jersey Number</b> (1st Option)	<b>Jersey Number</b> (2nd Option)

**Player Signature:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

# ICA Athletic Code of Conduct

## Athlete Commitment

As a student of Island City Academy who has been given the privilege of participating in extracurricular athletics, I understand that with this privilege come the following responsibilities. I will do my best to fulfill these responsibilities and to accept the consequences if I do not.

1. As an athlete, I will do my best to represent my school in an exemplary manner and agree to abide by all the rules outlined in the ICA Parent/Student Handbook.
2. I understand that I must maintain at least a "C minus" average in order to participate in my sport. Grades will be checked on a weekly basis and failure to meet grade requirements will result in not being able to play the following week unless it is picture day (can play last set or 2nd half)
3. I will follow the athletic dress code on game days as prescribed by my coach.
4. I will be on time for all practices and games and be prepared to play.
5. I understand that all practices and games are mandatory. If I am unable to attend for any reason, I will inform my coach ahead of time and my playing time could be affected.
6. I understand that school attendance is important and if I am not at school I may not participate in a practice or a game that same day.
7. I understand that if I miss practice or games I may not be able to play in the next game(s).
8. I will refrain from using electronic devices during practice, warm-up and during a game.
9. In my actions, speech, and dress I will seek to build up those on my team and those against whom I compete.
10. I will show respect to all players, coaches, referees, and fans with whom I come in contact. This includes any communication, both written and spoken, in person or typed on any website or device.
11. I realize that my curricular efforts come before those that are extracurricular and accept the academic policy as outlined in the ICA Parent/Student Handbook.
12. I understand that if I repeatedly violate the ICA Athletic Code of Conduct I may be removed from the team.
13. I understand that I can not play in games without a completed Sports Physical and signed Athletic Code of Conduct Form.

## Parent Commitment

As a participant, or a parent of a participant, in the ICA Athletic Program, I understand the information and commit myself to abide by the guidelines set forth. I also commit myself to accepting the consequences in the unfortunate situation that I, or my child, is found in violation of the Athletic Code of Conduct.

1. I understand that student athletes may not play in games without a completed Sports Physical, Player Fee, and a signed Athletic Code of Conduct Form.
2. Athletic Code of Conduct guidelines will be maintained at all times. No discussions will take place regarding the Athletic Code of Conduct contract signed by student and parent.
3. Any issues or concerns about ICA team sports or players will be addressed with the coach first and then the Athletic Director.
4. No issues or concerns will be brought to the coach immediately prior to or following a sporting event unless it is medically necessary.
5. Any issues or concerns will be brought to the coach on non-game days, respectfully and in private, either in person, by phone, and/or email.
6. Transportation to and from all home and away games is the responsibility of the parent.
7. Any disrespectful or hostile comments or behavior made toward the coach, assistant, player or referee may result in parental suspension from all future home games during the athletic season.
8. I understand that there is a cut off date (determined by the coach) for signing up to play a sport and if my child is allowed to sign up late their playing time could be affected.
9. I understand that student athletes can not try out for another school's team and then play for ICA, nor play for two school teams with overlapping seasons.

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_